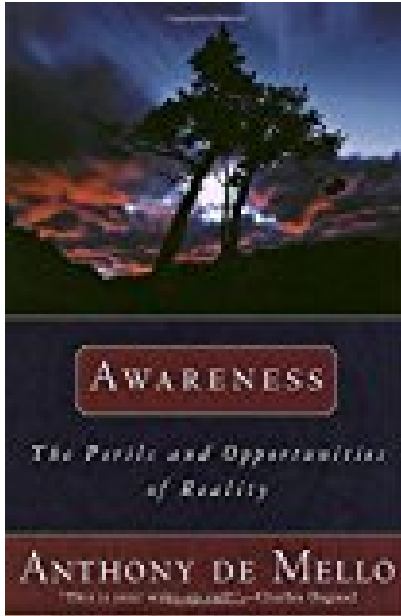


Awareness The Perils and Opportunities of Reality



BOOK DETAILS

- Author : Anthony De Mello
- Pages : 184 Pages
- Publisher : Image Books
- Language : English
- ISBN : 0385249373



BOOK SYNOPSIS

"This is your wake-up call! You may not have even realized you were sleep-walking. Most of us are most of the time. Awareness is an eye-opener. Its Anthony de Mello telling you gently but firmly, Its time to get up now." --Charles Osgood of "CBS Sunday Morning" and "The Osgood File" "Awareness will be the critical test of American business in the next decade. I call it the business of awareness." --F.X. Maguire, Hearst Communications Group The heart of Anthony de Mellos bestselling spiritual message is awareness. Mixing Christian spirituality, Buddhist parables, Hindu breathing exercises, and psychological insight, de Mellos words of hope come together in Awareness in a grand synthesis. In short chapters for reading in quiet moments at home or at the office, he cajoles and challenges: We must leave this go-go-go world of illusion and become aware. And this only happens, he insists, by becoming alive to the needs and potential of others, whether at home or in the workplace. Here, then, is a masterful book of the spirit, challenging us to wake up in every aspect of our lives.

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