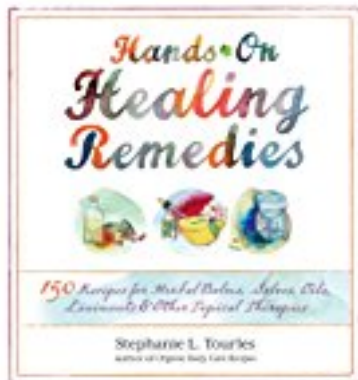


Hands-On Healing Remedies 150 Recipes for Herbal Balms Salves Oils Liniments & Other Topical Therapies



BOOK DETAILS

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BOOK SYNOPSIS

A practical guide to custom-made healing remedies features 150 original recipes for topical ointments that can treat a vast array of conditions, including headaches, arthritis, anxiety, and insomnia.

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