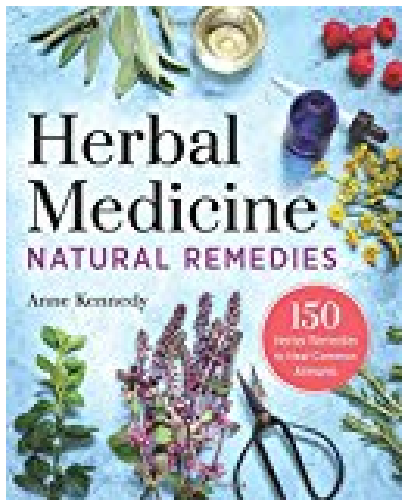


Herbal Medicine Natural Remedies

150 Herbal Remedies to Heal Common Ailments



BOOK DETAILS

- Author : Anne Kennedy
- Pages : 240 Pages
- Publisher : Althea Press
- Language : English
- ISBN : 1623158524

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BOOK SYNOPSIS

Everyday ailments. Herbal remedies. Your complete resource to start feeling better, naturally. When a headache, cough, or other common ailment hits, many people turn to over-the-counter medications for relief. But for those who prefer to use herbal medicine, it can be difficult and overwhelming to find an authoritative resource that is also easy to understand. Join natural health author Anne Kennedy as she guides you on a journey towards discovering the right herbal medicine practice for you. Here in her fourth book, the author of *The Portable Essential Oils*, *Essential Oils Natural Remedies*, and *Essential Oils for Beginners*, has created an accessible, all-in-one collection of herbal medicine therapies to use in the comfort of your own home. *Herbal Medicine Natural Remedies* offers the most effective natural remedies that can be used to treat common ailments, without the risk of unpleasant or potentially harmful side effects that pharmaceuticals can cause. Inside these pages you will find: 150 HERBAL MEDICINE RECIPES to soothe and heal everyday illnesses and injuries naturally 50 OF THE MOST COMMONLY USED HERBS profiled and explained EXPERT HERBAL MEDICINE ADVICE on necessary ingredients and tools to set you up for success With simple organization and clear, concise instruction, *Herbal Medicine Natural Remedies* has you covered no matter what ails you, such as: Allergies, Bee sting, Bronchitis, Canker sore, Chapped lips, Constipation, Dandruff, Diaper rash, Eczema, Fever, Hair loss, Headache, Indigestion, Menopause, Mental Wellness, Poison ivy, Psoriasis, Rheumatoid arthritis, Sore throat, Tendinitis, Weight loss, and more "

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